

physical education



"every child is a winner when they try their very best!"

Fall:

Sneakers (2 pairs)
Socks (2 pairs)
Water bottle
Layers
Hat
Sunscreen
Bug Spray

Winter:

Snowpants
Boots
Hats
Gloves
Jackets
Warm layers
Water bottle

Spring/Summer:

Sneakers (2 pairs)
Socks (2 pairs)
Water bottle
Layers
Hat
Sunscreen
Bug Spray

It is encouraged that all students bring two pairs of sneakers and two pairs of socks to school on PE days. The fields are often wet in the early morning and it can make for a long, uncomfortable day if left wearing the same sneakers/socks. It is recommended to leave an extra pair of sneakers at school. Students will also need to bring a water bottle to PE, especially on days when they are in the cafeteria or outside when there is no water fountain available. On warm spring/summer days, sunscreen and bug spray should be applied before school to help prevent sunburn and bug bites! On snowy winter days, we often like to take advantage of the snow and go snowshoeing or for nature walks. Snow gear will be required in order to go outside. We will notify students and parents if we are planning on going outside. If you have any questions, please feel free to contact Tiffany Locke or Laura Batchelder directly.